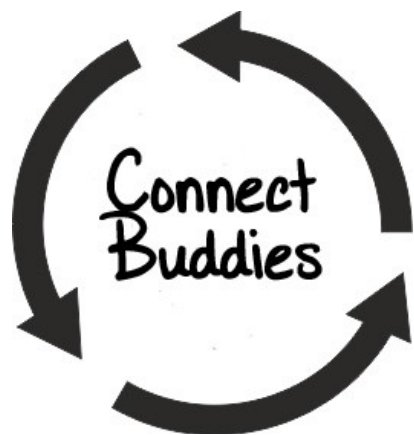
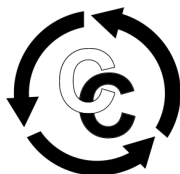


# Connect Buddies

Helping people with learning disabilities to go to gigs, theatre and events and to share hobby interests



Funded by Gwynt Y Mor



Provided by  
Conwy Connect  
for Learning Disabilities

## What Does the Service Offer?

We buddy up volunteers with individuals that have a learning disability, to go to events or pursue a hobby or interest.

Volunteers and buddies are matched by their interests, likes and dislikes. They then attend events and do things together at times to suit them.

Connect Buddies supports people to do the things they want to do, when they want to do them.

## Who's involved in the service?

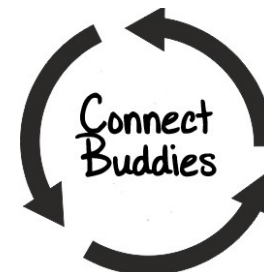


**Alison Fletcher is the Connect Buddies Coordinator**



**Catherine Thornton is the Engagement Coordinator**

Do you want to get out more and do more things?



Do you want to volunteer and share your interests?



Here's how to find out more..

Connect Buddies  
Rear Annex, 7 Rhiw Road,  
Colwyn Bay. LL29 7TE

Tel: 01492 536486

E-mail: [connect.buddies1gym@gmail.com](mailto:connect.buddies1gym@gmail.com)

[www.conwy-connect.org.uk](http://www.conwy-connect.org.uk)



conwyconnectbuddies

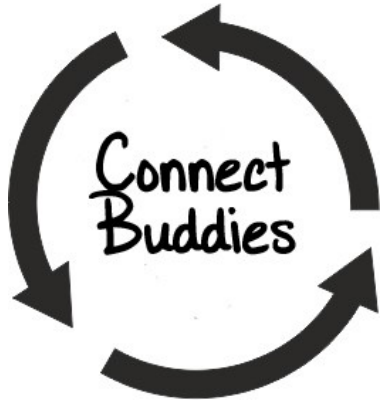


@buddies\_connect

Registered Charity Number: 1172199

# Bydis Cyswllt

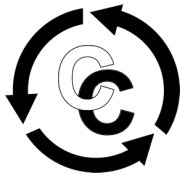
Helpu pobl ag anableddau dysgu i fynd i gigs, y theatr a digwyddiadau ac i rannu diddordebau



Wedi'i ariannu gan Fferm Wynt Gwynt y Môr



Wedi'i ddarparu gan Cyswllt Conwy ar gyfer Anableddau Dysgu



## Beth mae'r gwasanaeth yn ei gynnig?

Rydym ynparu gwirfoddolwyr gydag unigolion sydd ag anabledd dysgu i fynd i ddigwyddiadau neu i ddilyn diddordeb neu hobi.

Rydym yn paru gwirfoddolwyr a bydis yn ôl eu diddordebau a'u hoff bethau a'u cas bethau. Yna maent yn mynd i ddigwyddiadau ac yn gwneud pethau gyda'i gilydd ar adegau sy'n addas iddyn nhw.

Mae Bydis Cyswllt yn cefnogi pobl i wneud y pethau maen nhw eisiau eu gwneud, fel y mynnant.

## Pwy sydd ynghlwm â'r gwasanaeth?

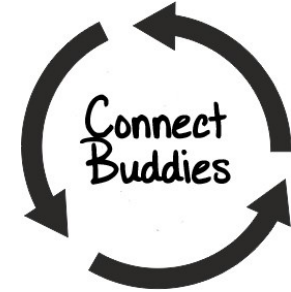


Alison Fletcher yw Cydlynnydd Bydis Cyswllt



Catherine Thornton yw'r Cydlynnydd Ymgysylltu

Ydych chi eisiau mynd allan yn amlach a gwneud mwy o bethau?



Ydych chi eisiau gwirfoddoli a rhannu eich diddordebau?



Am ragor o fanylion...

Bydis Cysylltu  
Rhandy Cefn, 7 Ffordd Rhiw,  
Bae Colwyn. LL29 7TE

Ffôn: 01492536486

E-bost: connect.buddies1gym@gmail.com

www.conwy-connect.org.uk



conwyconnectbuddies



@buddies\_connect

Elusen Gofrestredig Rhif: 1172199